

Lunch Menu

WEEK ONE - AUTUMN WINTER
 WEEK TWO - AUTUMN WINTER
 (V) vegetarian option
 (V) vegetarian option
 (Ve) vegan option



STAR DISH

MEAT FREE

GRAB & GO

PET 'N' TASTY

RAP OR SUB

SIDES

TODAY'S DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Vegetable & Mixed Bean Quesadilla, Warm Nachos (V) 	Chilli Con Carne & Fiesta Rice 	Roast Chicken, Roasties & Gravy 	Paprika Chicken & Sri Lankan Dhal, Steamed Mixed Rice Paprika Chicken & Sri Lankan Dhal, Steamed Mixed Rice (H) 	Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips
Italian Vegetable & Giant Couscous Stew, Garlic Crostini (Ve) 	Chilli Sin Carne & Fiesta Rice (Ve) 	Roast Quorn, Gravy & Roasties 	Roasted Coriander Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice 	Cheese & Tomato Pizza & Wedges/Chips
Vegan Sausage Roll (Ve) 	Cheesy Meatball Arrabbiata Toasted Baguette 	Brunch Pot 	Crispy Beef Soft Taco 	Pepperoni Pizza & Wedges/Chips
Tomato & Basil Pasta 	Sweet Chilli Chicken Pasta 	Chicken Tikka & Steamed Rice 	Sweet & Sour Chicken Noodles 	Pasta Arrabbiata
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka
Baked Beans Broccoli Mixed Salad	Baked Beans Fajita Roasted Sweetcorn & Peppers Mixed Salad	Baked Beans Mixed Vegetables Mixed Salad	Baked Beans Garden Salad Sri Lankan Vegetable Salad Wedges	Baked Beans Peas Mixed Salad
Vanilla & Cherry Cookie Cup	Jam Bun	Ginger Cake & Custard 	Giant Chocolate Cookie	Apple Crumble & Custard

Slow-Release Energy Foods For a Healthy Gut Brain Boost Contains Calcium Contains Iron Contains Protein

Lunch Menu

WEEK THREE – AUTUMN WINTER

(V) vegetarian option

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Tomato Mac 'n' Cheese (V) 	Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (H) 	Grilled Chicken Sausages, Gravy & Roasties or Mash(H) 	Thai Yellow Chicken & Vegetable Curry Mixed Rice Thai Yellow Chicken & Vegetable Curry Mixed Rice (H) 	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Nuggets & Chips Jacket Potato & Salmon Mayo
MEAT FREE	Buffalo Burrito (Ve) 	Smoky Quorn Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (V) 	Roasted Cauliflower Cheese Tart, Crispy Roasties & Gravy 	Thai Yellow Vegetable Curry Mixed Rice (Ve) 	Cheese & Tomato Pizza & Wedges/Chips (V)
GRAB & GO	Dirty Quorn & Cheesy Bean Burger (V) 	Fish Finger Bap & Mayo or Ketchup 	BBQ Chicken Snack Wrap 	Veggie Breakfast Frittata (V) 	Pepperoni Pizza & Wedges/Chips
POT 'N' TASTY	Vegetable Tikka & Mixed Rice 	Beef Bolognese Pasta Pot 	Chicken Jalfrezi & Steamed Rice 	Veggie Pasta Pot 	Tomato & Basil Pasta
WRAP OR SUB		Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka
SIDES	Baked Beans Garlic Bread Green Beans Garden Salad	Baked Beans Fajita Roasted Sweetcorn & Peppers Garden Salad	Baked Beans Seasonal Mixed Vegetables Garden Salad	Baked Beans Asian Slaw, Garlic Green Beans Garden Salad Cornflake Cake	Baked Beans Peas Garden Salad
TODAY'S DESSERTS	Lemon & Blueberry Slice & Custard 	Baked Chocolate Cup	Baked Vanilla Sponge & Custard 		Giant Chocolate Cookie

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
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Slow-Release Energy Foods	For a Healthy Gut	Brain Boost	Contains Calcium	Contains Iron	Contains Protein
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Lunch Menu



STAR DISH

MEAT FREE


























































GRAB & GO

PICT 'N' TASTY

WRAP OR SUB

SIDES

TODAY'S DESSERTS

Spanish Omelette & Pepper & Tomato Sauce & Garlic Bread (V) 	Chicken & Vegetable Enchilada, Savoury Rice (H)  	Shepherd's Pie & Gravy (H)   	Chicken & Vegetable Korma, Gunpowder Potatoes (H)  	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 
Veggie Bolognese Pasta Bake (V)  	Mexican Vegetable Stew & Baked Tortilla (Ve)  	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)  	Roasted Cauliflower & Sweet Potato Curry, Gunpowder Potatoes (Ve) 	Cheese & Tomato Pizza & Wedges/Chips (V)  
Vegetable Cheeseburger (V) 	Panini of the Day Pepperoni or Cheesy Bean (V)  Pizza Topped Baguette Pepperoni or Margherita (V) 	Halal Chicken Sausage Roll 	BBQ Veggie Melt (V) 	Pepperoni Pizza & Wedges/Chips  
Vegetable Tikka Masala & Rice  	Tomato & Basil Pasta Pot 	Sweet & Sour Chicken Noodles  	Pesto Pasta Pot 	Beef Bolognese Pasta Pot   
	Mediterranean Chicken 	Piri Piri Chicken 	Mediterranean Chicken 	Chicken Tikka 
Baked Beans    Garlic Green Beans  Garlic Bread, Garden Salad 	Baked Beans    Roasted Sweetcorn Wedges, Garden Salad 	Seasonal Mixed Vegetables  Garden Salad 	Baked Beans    Steamed Broccoli 	Baked Beans    Peas  Mixed Salad Homemade Lemon Drizzle Cake
Flapjack 	Marble Chocolate Sponge & Custard 	Jammie Cookie Cup 	Iced Orange & Ginger Traybake 	Mixed Salad Homemade Lemon Drizzle Cake